CONTACTING THE CENTER FOR HEALTH DISCOVERY AND WELL BEING®
To start your membership, visit our web site at http://predictivehealth.emory.edu/chd or call 404-686-6190. Read our blog at http://emoryhealthdiscovery.com and visit our Facebook page.

LOCATION
The Center is located on the campus of Emory University Hospital Midtown, 550 Peachtree St., Suite 1850, Atlanta, GA 30308

Center for Health Discovery and Well Being
A NEW APPROACH TO YOUR HEALTH CARE

WELCOME TO THE CENTER FOR HEALTH DISCOVERY AND WELL BEING®, part of an innovative model of health care called Predictive Health. The Center takes a unique, multi-dimensional approach to learning more about your health and well being, and then provides the expertise to help you define your goals and actively participate in your own health.

As your health partner, the Center provides expertise to help you develop a personalized plan aimed at enhancing your health and happiness. This action plan, carried out with a Health Partner, is based on detailed health and risk assessments that give you an overall picture of your current health status.

HEALTHY INDIVIDUALS, INCLUDING THOSE WITH WELL-CONTROLLED CHRONIC CONDITIONS, may enroll as a participant in the Center. A Center Health Partner will begin your comprehensive evaluation to gather physical, medical and lifestyle histories.

Next, we perform nearly 50 different tests using your blood and plasma, targeting known critical predictors of health and health risks. We use questionnaires to review aspects of your health such as nutrition, exercise, sleep, emotional well being, and more. We review these measurements and help you understand what they mean for your health.

Based on this information, working closely with your Health Partner you will be able to set goals and develop a Personalized Health Plan. Extensive one-on-one time with your Health Partner is available to you throughout the program.

Emory physicians and medical researchers serve as advisors to the Center and work closely with Health Partners. Should a newly discovered medical issue arise, Health Partners can work with you to provide this information to your personal physician or identify specialists that can help.

RESULTS FOR THE GREATER GOOD

THE CENTER IS PART OF A GROUND-BREAKING PARTNERSHIP between Emory and Georgia Tech called the Predictive Health Institute. These 21st-century teams are working to discover and develop predictive markers of health and well being, and to then create innovative new health-focused approaches.

In addition to working on your own personal health, as a participant you will be a partner with the Center in developing new knowledge in human health.

CUSTOMIZING YOUR HEALTH PLAN

HEALTH AND WELL BEING IS WITHIN YOUR REACH. JOIN US TO:

- Get a “picture” of your health through advanced tests
- Receive a Personalized Health Assessment
- Learn your biomarkers health profile
- Design a Personalized Health Plan
- Collaborate with a Health Partner to meet your goals
- Restore, optimize and maintain good health
- Help make advances in health knowledge

Our success at the Center shows that in just six months many of our participants have experienced significant improvements in metabolic, cardiovascular, immune and emotional health. We help you start from where you are, working together to help you flourish.